



# TOWER HAMLETS HEALTH AND WELLBEING BOARD



**Tuesday, 17 November 2015 at 5.00 p.m. Committee Room MP701, 7th Floor, Mulberry Place, 5 Clove Crescent, London E14 2BG**

**This meeting is open to the public to attend.**

| <b>Members:</b>                | <b>Representing</b>   |
|--------------------------------|---|
| <b>Chair:</b> Mayor John Biggs | Mayor   |
| <b>Vice-Chair:</b>             |   |
| Councillor Amy Whitelock Gibbs | (Cabinet Member for Health & Adult Services)                |
| Dr Somen Banerjee              | (Interim Director of Public Health, LBTH)                   |
| Debbie Jones                   | (Interim Corporate Director, Children's Services)           |
| Luke Addams                    | (Director of Adults Services)                               |
| Dr Amjad Rahi                  | (Healthwatch Tower Hamlets Representative)                  |
| Dr Sam Everington              | (Chair, NHS Tower Hamlets Clinical Commissioning Group)     |
| Jane Milligan                  | (Chief Officer, Tower Hamlets Clinical Commissioning Group) |
| <b>Co-opted Members</b>        |   |
| Councillor David Edgar         | (Cabinet Member for Resources)                              |
| Councillor Rachael Saunders    | (Cabinet Member for Education & Children's Services)        |
| Dr Ian Basnett                 | (Public Health Director, Barts Health NHS Trust)            |
| Karen Breen                    | (Barts Health NHS Trust)                                    |
| DengYan San                    | (Young Mayor)   |
| Steve Stride                   | (Chief Executive, Poplar HARCA)                             |
| Dr Navina Evans,               | (Deputy Chief Executive and Director of Operations)         |
| Suzanne Firth                  | (Tower Hamlets Community Voluntary Sector)                  |

The quorum of the Board is a quarter of the membership including at least one Elected Member of the Council and one representative from the NHS Tower Hamlets Clinical Commissioning Group.

## Questions

Before the formal business of the Board is considered, up to 15 minutes are available for public questions on any items of business on the agenda. Please send questions to the Officer below by **5pm the day before the meeting.**

## Contact for further enquiries:

Elizabeth Dowuona, Democratic Services  
1st Floor, Mulberry Place, Town Hall, 5 Clove Crescent, E14 2BG  
Tel: 02073644207

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### Role of the Tower Hamlets Health and Wellbeing Board.

- To encourage integrated working between persons who arrange for the provision of any health or social services in Tower Hamlets for the advancement of the health and wellbeing of the people in Tower Hamlets.
- To identify needs and priorities across Tower Hamlets and publish and refresh the Tower Hamlets Joint Strategic Needs Assessment (JSNA) so that future commissioning/policy decisions are based on evidence.
- To prepare the Joint Health and Wellbeing Strategy.
- To be involved in the development of any Clinical Commissioning Group (CCG) Commissioning Plan that applies to Tower Hamlets and to give its opinion to the CCG on any such proposed plan.
- To communicate and engage with local people on how they could achieve the best possible quality of life and be supported to exercise choice and control over their personal health and wellbeing. This will involve working with Local HealthWatch to make sure there's a continuous dialogue with the public to ensure services are meeting need.
- To carry out new functions as requested by the Secretary of State and as advised in guidance issued from time to time.

## Public Information

### **Attendance at meetings.**

The public are welcome to attend meetings of the Committee. However seating is limited and offered on a first come first served basis.

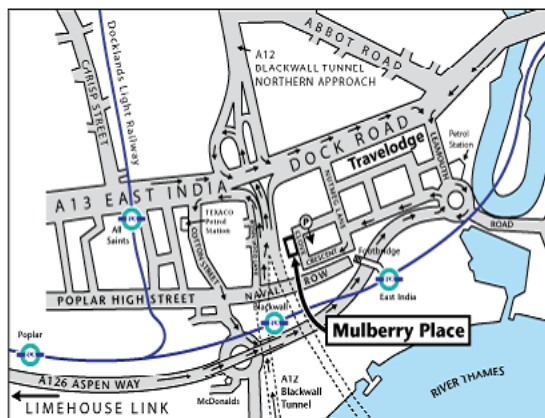
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**1. STANDING ITEMS OF BUSINESS**

**1.1 Welcome, Introductions and Apologies for Absence**

To receive apologies for absence and subsequently the Chair to welcome those present to the meeting and request introductions.

**1.2 Declarations of Disclosable Pecuniary Interests**

**1 - 4**

To note any declarations of interest made by members of the Board. (See attached note of Monitoring Officer).

**1.3 Minutes of the Previous Meeting and Matters Arising**

**5 - 14**

To confirm as a correct record the minutes of the meeting of the Tower Hamlets Health and Wellbeing Board held on 29 September 2015.

**2. ACTIONS UNDER DELEGATED AUTHORITY**

To note any actions by the Director of Public Health Under Delegated Authority since the last meeting of the Board on 29<sup>th</sup> September 2015.

**2.1 Forward Programme**

**15 - 16**

To consider and comment on the Forward Programme.

Lead for item: Somen Banerjee, Director of Public Health, LBTH.

**ITEMS FOR CONSIDERATION**

**3. COMMUNITY INTELLIGENCE: HEALTHWATCH PERSPECTIVE - YOUNG PEOPLES MENTAL HEALTH**

**17 - 18**

The Health and Wellbeing Board is recommended to:

- Promote to young people the need to care for their mental as well as their physical wellbeing
- Work with schools as an access point to empower parents and families to promote good wellbeing for young people.
- Involve children and young people in co-producing a peer led health and wellbeing campaign to:
- raise awareness of the importance of looking after your physical and mental health.
- tackle the stigma around mental health.
- tackle issues like exam pressure, bullying and family pressures.

- build on existing resources and activities in other areas.

Lead for item: Dianne Barham, Healthwatch Tower Hamlets

#### **4. THEME - EARLY YEARS AND MENTAL HEALTH**

##### **4.1 Emotional Wellbeing in the Early Years and Childhood 19 - 30**

Recommendation

Review and comment upon future direction.

Lead for item: Esther Trenchard-Mabere, Associate Director of Public Health

##### **4.2 Local Transformation Plan for Children and Young People's Mental Health and Wellbeing 31 - 136**

Approve the Local Transformation Plan for Children and Young People's Mental Health

Lead for item: Martin Bould, Senior Joint Commissioner Mental Health and Joint Commissioning Team

##### **4.3 Update on the development of the Joint Health and Wellbeing Strategy 137 - 142**

The Health & Wellbeing Board is recommended to:

Note that the Health and Wellbeing Strategy (HWS) subgroup has established a PMO to project manage the development of the strategy

Note that a priority setting workshop for HWB members is planned for November and HWB members' availability is needed

Lead for item: Louise Russell, Service Head for Corporate Strategy and Equality

#### **5. UPDATE ON THE MENTAL HEALTH CHALLENGE 143 - 154**

The Health & Wellbeing Board is recommended to:

1. Endorse the progress made to date in implementing the key pledges.
2. Commit as individual HWBB member organisations to adopt/sign the Time to Change Pledge.
3. Support the 'Time to Change Employers Forum' by nominating a key lead from each HWBB member organisation to attend the forum.

Lead for item: Carrie Kilpatrick, Interim Deputy Director of Mental Health and Joint Commissioning

**6. ANY OTHER BUSINESS**

To consider any other business the Chair considers to be urgent.